

# **Every baby deserves** a healthy start.

The Milwaukee County Healthy Start Program works to eliminate perinatal health disparities for African American women, their children and male partners in Milwaukee County.

### WHO

African American women, infants ages 0-18 months and fathers/partners in Milwaukee County, with the goal of serving 700 people each year.



# WHAT Connection

Connection to preventive services, health insurance, prenatal and medical care, mental and behavioral health, baby care basics, parenting resources, housing, safety, transportation and employment.



## **HOW**

Maternal Child Health Navigators help assess needs and guide clients to appropriate resources provided by program and community partners.

Call (414) 292-4243 or sign up online at milwaukeehealthystart.org for free support.



### Areas of assistance offered

### Health insurance/medical home

· Getting health insurance

# Establishing a primary care provider for mom and baby

Locating specialty providers

### **Accessing birth control**

### Resources for mental and behavioral health/ alcohol and other drugs abuse treatment

- Finding a therapist
- Finding a psychiatrist
- Finding treatment providers
- Post-partum support group (Reach Out, Stay Strong, Essentials curriculum known as ROSES)

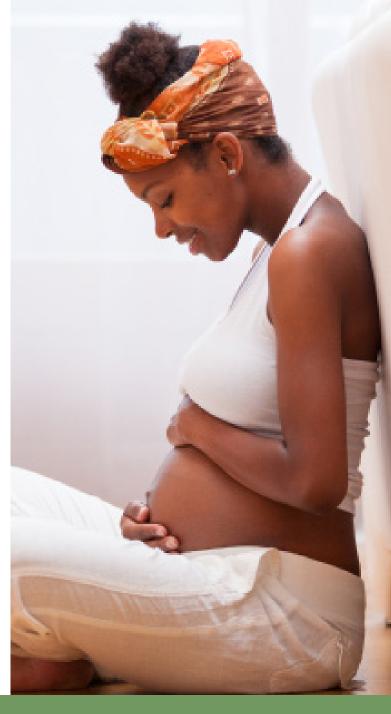
### **Parenting/Safety Education**

- Safe sleep
- Fatherhood services
- Locating daycare
- · Connecting to resources for baby items
- Parenting education & support
- Referrals to group classes

#### **Basic Needs Resources**

Assistance with:

- Finding housing
- Getting energy assistance
- Signing up for the Women, Infants and Children (WIC) Program
- Getting Foodshare
- School resources



## **Program partners and administration**

Black Child Development Institute
City of Milwaukee Health Department
Easter Seals Southeastern Wisconsin
MyNP Professional LLC

Genesis Consulting
Children's Wisconsin
Chorus Community Health Plans

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