



Every baby deserves a healthy start.

The Milwaukee County Healthy Start Program works to eliminate perinatal health disparities for African American women, their children and male partners in Milwaukee County.

WHO

African American women, infants ages 0-18 months and fathers/partners in Milwaukee County, with the goal of serving 700 people each year.



WHAT

Connection to preventive services, health insurance, prenatal and medical care, mental and behavioral health, baby care basics, parenting resources, housing, safety, transportation and employment.



HOW

Maternal Child Health Navigators help assess needs and guide clients to appropriate resources provided by program and community partners.

Call (414) 292-4243 or sign up online at milwaukeehealthystart.org for free support.



Areas of assistance offered

Health insurance/medical home

- Getting health insurance

Establishing a primary care provider for mom and baby

- Locating specialty providers

Accessing birth control

Resources for mental and behavioral health/ alcohol and other drugs abuse treatment

- Finding a therapist
- Finding a psychiatrist
- Finding treatment providers
- Post-partum support group (Reach Out, Stay Strong, Essentials curriculum known as ROSES)

Parenting/Safety Education

- Safe sleep
- Fatherhood services
- Locating daycare
- Connecting to resources for baby items
- Parenting education & support
- Referrals to group classes

Basic Needs Resources

Assistance with:

- Finding housing
- Getting energy assistance
- Signing up for the Women, Infants and Children (WIC) Program
- Getting Foodshare
- School resources



Program partners and administration

Black Child Development Institute
City of Milwaukee Health Department
Easter Seals Southeastern Wisconsin
MyNP Professional LLC

Genesis Consulting
Children's Wisconsin
Chorus Community Health Plans

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