

## No one can do it alone.

All parents need support to give their baby a healthy start in life.

### If you are:

- Thinking about having a baby
- Pregnant
- Caring for an infant or newborn
- A new dad
- Looking for social support
- Feeling overwhelmed or just not sure where to find help

### Community partners:



Milwaukee County Healthy Start  
620 S. 76th Street, Suite 120  
Milwaukee, WI 53214  
healthystart@chw.org



Give your baby  
a healthy start

[milwaukeehealthystart.org](http://milwaukeehealthystart.org)  
(414) 292-4243



**We are here to help.**

**Get started today.**

**Many things contribute to a healthy and safe pregnancy. If you are pregnant or planning a family, Healthy Start can help you get the information and services you need to have a healthy baby, raise a healthy family, and keep yourself healthy and strong.**

**Maternal-Child Health Navigators can help connect you to the resources you need:**



Prenatal, delivery and baby medical care



Mental and behavioral health support



Healthcare insurance help



Baby care basics and new parent education



Pregnancy support and education



Support for fathers learning to establish healthy relationships



Family resources to help you create a healthy home



Access to housing, safety, transportation and employment

**Sign up online at [milwaukeehealthystart.org](https://milwaukeehealthystart.org)  
or call (414) 292-4243 to get started.**

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