No one can do it alone. All parents need support to give their baby a healthy start in life.

If you are:

- Thinking about having a baby
- Pregnant
- Caring for an infant or newborn
- A new dad
- Looking for social support
- Feeling overwhelmed or just not sure where to find help













Milwaukee County Healthy Start 620 S. 76th Street, Suite 120 Milwaukee, WI 53214 healthystart@chw.org



Give your baby a healthy start

milwaukeehealthystart.org (414) 292-4243

We are here to help.

Many things contribute to a healthy and safe pregnancy. If you are pregnant or planning a family, Healthy Start can help you get the information and services you need to have a healthy baby, raise a healthy family, and keep yourself healthy and strong.



Get started today.

Maternal-Child Health
Navigators can help
connect you to the
resources you need:



Prenatal, delivery and baby medical care



Mental and behavioral health support



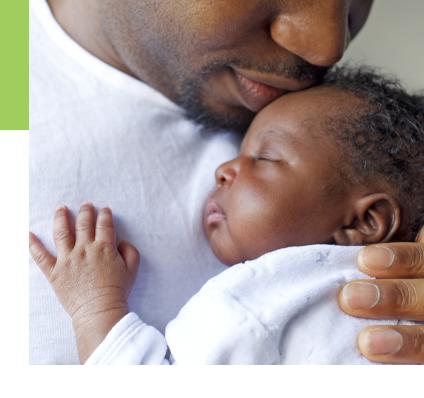
Healthcare insurance help



Baby care basics and new parent education



Pregnancy support and education





Support for fathers learning to establish healthy relationships



Family resources to help you create a healthy home



Access to housing, safety, transportation and employment

Sign up online at milwaukeehealthystart.org or call (414) 292-4243 to get started.

About this project: This project is supported by the Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services (HHS) under the Healthy Start Initiative. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the US Government.